

## PROGRAM INFORMATION

Our program runs for Four sessions in July.

### Session 1:

Wednesday July 5th - Friday 7th

### Session 2:

Monday July 10th - Thursday 13th

### Session 3:

Monday July 17th - Thursday 20th

### Session 4:

Monday July 24th - Thursday 27th

Ages 4-11 years old

The program runs from 9-2:30  
Come for one 4-day session or  
take advantage of all we have to  
offer by enrolling in all four!

Low child to instructor ratio  
Staff includes certified  
teachers and trained volunteers

**To view our video, please visit  
at Hilton-Winn Farm youtube.**



**Give your child an awesome, fun-filled  
nature experience this summer!**

## IMPORTANT DATES AND PAYMENT INFORMATION

In an effort to secure your child's spot, please return this form to us with payment in full by May 1st. Do not hesitate to call with questions about enrollment availability or about our program. Please send payment and registration form to the following address:

**Summer Fun at the Farm  
The Youth Enrichment Center  
Hilton-Winn Farm  
189 Ogunquit Road  
Cape Neddick, ME 03902  
207-361-1385**



**[www.hilton-winnfarm.org](http://www.hilton-winnfarm.org)  
[nbreen@hilton-winnfarm.org](mailto:nbreen@hilton-winnfarm.org)  
501(c)(3) nonprofit corporation**



## 2023 SUMMER FUN at the FARM

A weekly summer nature-based activity program at the beautiful Hilton-Winn Farm in Cape Neddick, Maine



**189 Ogunquit Road  
Cape Neddick, ME 03902**



Give your child a country farm experience that will enrich their hearts, minds and spirits while they have FUN!

**Unplug at the Hilton-Winn  
Farm and Connect to Nature!!**



Nancy Breen is the Director of the Youth Enrichment Center (YEC) at the Hilton-Winn Farm, and holds a degree in Early Childhood Education from Colby-Sawyer College. In 2002, she purchased the beautiful property in order to establish a place where children could experience nature and participate in farm based educational activities. Included in our enthusiastic, qualified staff:

- Program Director Eva Diharce, Speech and Language Pathologist
- Fran Dupont, Retired Energetic Educator
- Other quality , experienced leaders with a love of nature and children
- Local specialists ( educators, environmentalist, artists, musicians, bee keeper etc...)

YEC programs are aimed at fostering growth in teamwork, communication, tolerance, and self-esteem building.

The Farm provides the ultimate natural setting for this magical experience. 48 acres of fields and forest surrounded by 300 acres of conservation land offer both a safe, beautiful setting and a wonderful space in which to grow.

The goal of the Summer Fun program is to use our surroundings to convey the importance of nature and our environment. This will be done through carefully planned activities and projects that build upon creativity and teamwork and are just plain FUN!!!!

## Program Details

Each session will follow the same outline, and activities and events will change. This will allow for children attending multiple sessions to enjoy varied experiences.

Some of the great nature based activities we have planned including:

- Daily nature hike
- Gardening (planting, harvesting & weeding)
- Farm Animal Care
- Special presentations from visiting guests
- Scavenger hunts
- Outdoor Games
- Nature crafts using materials from nature
- Animal tracking
- Learn to identify plants, birds & wildlife
- Fairy houses/Toad Abodes
- Exploring surrounding fields & forests.
- Land acknowledgement to Indigenous people that occupied this land before us.
- Daily Yoga
- Practicing and experiencing being "un-plugged " in nature and "mindfulness" activities

Snacks, lunch and drinks are provided each day with active participation from the children. Each child should bring their own filled water bottle. We have a wonderful garden that offers nutritious, healthy produce daily. We strive to provide wholesome and fulfilling foods to nourish the body and soul, as well as food that your kids will want to eat. The farm-to-table example provided each day is an invaluable lesson.

Details of COVID Guidelines will be mailed to each family.

## Registration

Name: \_\_\_\_\_

Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Address: \_\_\_\_\_

Town/State/Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Parent's/Guardian's names: \_\_\_\_\_

Work/home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Any Allergies or medical concerns:**

The child lives with:

both Parents     Mother

Father             Other

Please check the appropriate session:

July 5th- July 7th \_\_\_\_\_

July 10th- July 13th \_\_\_\_\_

July 17th - July 20th \_\_\_\_\_

July 24th - July 27th \_\_\_\_\_

Session first week is \$300

The cost for each session is \$350

