

## PROGRAM INFORMATION

Our program runs for three sessions in July, Monday-Thursdays beginning on  
Session 1: July 10<sup>th</sup>-13<sup>th</sup>  
Session 2: July 17- 20<sup>th</sup>  
Session 3: July 24-27<sup>th</sup>, Come for one 4-day session or take advantage of all we have to offer by enrolling in all three!

The program runs from 9-2:30

We can accommodate children from the ages of 4 through 12. Children will be placed into similarly aged groupings to appropriately tailor activities

Low child to instructor ratio

Staff includes certified teachers and trained volunteers

A Wholesome, nourishing lunch, as well as snacks and drinks are provided daily.

Give your child an awesome, fun-filled nature experience this summer!

## IMPORTANT DATES AND PAYMENT INFORMATION

In an effort to secure your child's spot, please return this form to us with either a \$100 deposit per session or payment in full as soon as possible. If you choose to send a deposit, the remainder of the cost is due by May 17<sup>th</sup>, 2017. Do not hesitate to call with questions about enrollment/availability or about our program. Please send payment and registration form to the following address:

Summer Fun at the Farm  
The Youth Enrichment Center  
Hilton-Winn Farm  
189 Ogunquit Road  
Cape Neddick, ME 03902  
207-361-1385

[www.hilton-winnfarm.org](http://www.hilton-winnfarm.org)  
[nbreen@hilton-winnfarm.org](mailto:nbreen@hilton-winnfarm.org)  
501(c)(3) nonprofit corporation

## SUMMER FUN at the FARM

A weekly summer nature-based activity program at the beautiful Hilton-Winn Farm in Cape Neddick.



Give your child a country farm experience that will enrich their hearts, minds and spirits while they have FUN!

Unplug at the Hilton-Winn Farm and Connect to Nature !!

## Program Details

Nancy Breen is the Director of the Youth Enrichment Center (YEC) at the Hilton-Winn Farm, and holds a degree in Early Childhood Education from Colby-Sawyer College. In 2002, she purchased the beautiful property in order to establish a place where children could experience nature and participate in farm-based educational activities. Included in our enthusiastic, qualified staff are Program Director Eva Diharce, M.S., CCC-SLP Speech and Language Pathologist, and several local specialists ( animal educators, outdoor, environmentalist, art therapist, musicians, bee keeper etc...)

YEC programs are aimed at fostering growth in teamwork, communication, tolerance, and self-esteem building.

The Farm provides the ultimate natural setting for this magical experience. 48 acres of fields and forest surrounded by 225 acres of conservation land provide both a safe, beautiful setting and a wonderful space in which to grow.

The goal of the Summer Fun program is to use our surroundings to convey the importance of nature and our environment. This will be done through carefully planned activities and projects that build upon creativity and teamwork and are just plain FUN !!!!

Each session will follow the same outline, but activities and events will change. This will allow for children attending multiple sessions to enjoy varied experiences.

The first day will include an introduction to the farm, guidelines and expectations. There will be getting-to-know each other activities and introductions. We will familiarize the children with their new surroundings. Children will create a hand-made journal to be used for activities during the week, and jump right into some of the great nature-based activities we have planned including:

- Daily nature hike
- Gardening (planting, harvesting & weeding)
- Animal Care
- Special presentations from visiting guests
- Scavenger hunts
- Nature crafts (including prints from nature, leaf rubbings, making natural dyes).
- Animal tracking
- Learn to identify plants, birds & wildlife
- Fairy houses
- Exploring surrounding fields & forests.
- Implementing & education of composting and recycling
- Daily Yoga
- Practicing and experiencing being "un-plugged " in nature and "mindfulness" activities

Snacks, lunch and drinks are provided each day with active participation from the children. We have a wonderful garden that offers nutritious, healthy produce daily. We strive to provide wholesome and fulfilling foods to nourish the body and soul, as well as food that your kids will want to eat. The farm-to-table example provided each day is an invaluable lesson. We are well-versed in food allergies and any needed accommodations can be easily made.

## Registration

Name: \_\_\_\_\_

Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Address: \_\_\_\_\_

Town/State/Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Parent's/Guardian's names: \_\_\_\_\_

\_\_\_\_\_

Work/home Phone: \_\_\_\_\_

The child lives with:

both Parents  Mother

Father  Other

Please check the appropriate session:

July 10- July 13 \_\_\_\_\_

July 17- July 20 \_\_\_\_\_

July 24 - July 27 \_\_\_\_\_

Individual Days \_\_\_\_\_

The cost for each session is \$250

The cost for each individual day is \$65

T-shirt size: YS ,YM, YL, AS, AM, AL